

Trail Safety

General Behavior

- Respect all trail restrictions and use only trails open to your mode of transportation.
- Be considerate of, and courteous to, others on the road or trail.
- When traveling on shared-use trails, continually watch for other types of recreationists.
- Slow down when sight lines are poor.
- Keep speeds low around other recreationists.
- Keep noise and dust down.
- Keep your ears open – no ear buds for an MP3.
- Listening to headphones or ear buds can make it difficult to hear and communicate with other recreationists. In some areas, it is illegal to operate vehicles or bikes with both ears covered.
- Keep pets under control. Some trails may require dogs to be leashed.
- Be familiar with local rules.

Yielding

- Yield the right of way to those passing you from behind or traveling uphill.
- Motorized vehicles yield to mountain bikes, runners, hikers, and horses.
- Mountain bikes yield to runners, hikers and horses.
- Runners and hikers yield to horses.

Guidelines for Equestrians on shared trails/paths:

- Be sure you can control your horse and it has been exposed to other trail recreational uses before riding on shared-use trails.
- Cooperate with local off-road vehicles and bicycle riders to expose your horse to vehicles in a gradual manner, in a safe environment.
- Be alert and aware of the presence of other trail enthusiasts. If possible, pull to the side of the trail when you hear off-road vehicles or bicycles.
- At trailheads or staging areas, park vehicles and secure horses in a manner that provides a safe distance between the horses and passing traffic.
- Be prepared to let other trail enthusiasts know what needs to be done to keep you, the horse, and other trail enthusiasts safe when you meet on the trail.
- Less experienced horses and riders should ride behind more "trail-wise" horses and riders.
- If you are "ponying" a horse, go slow and never take a loose horse on the trail.

Guidelines for bicyclists when encountering horses on the trail:

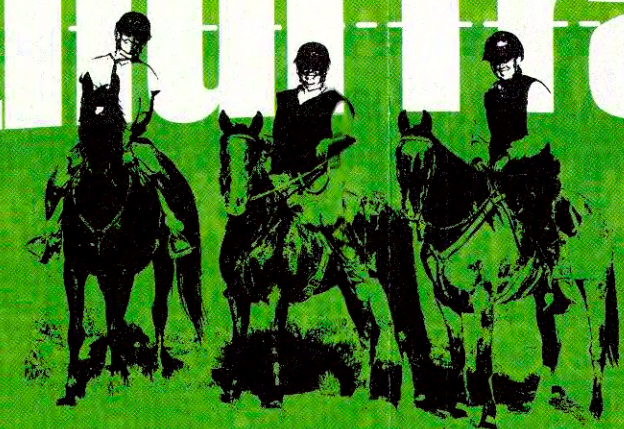
- Pull to the side of the trail far enough for horses to pass safely as soon as you see them.
- Pull to the downhill side of the trail if possible, since horses tend to perceive unknown threats on the uphill side as predators.
- Speak to the rider and horse in a friendly, relaxed tone. Remove your helmet if it conceals part of your face. The horse will be more likely to recognize you as a human.
- When approaching horses from behind, stop, call ahead and make yourself known to the rider.
- Ask them if it is OK to pass and the best way to do so.
- Horsemen may pull to the side of the trail a safe distance if they hear a bicycle approaching but this does not necessarily mean it is safe for you to ride by. Stop and wait for instructions from the horseman.
- Ask the horseman how he/she would like to proceed.
- The horseman will know his/her horse and how the horse reacts to other trail enthusiasts.
- The horseman may ask you to stay put and ride past you.
- The horseman may ride to the side of the trail and ask you to ride or push past them.
- If you ride by a horse, do so at a slow, steady pace and avoid making any sudden movements or sounds that might startle the horse.
- Be alert – be aware and on guard for oncoming traffic.

Guidelines for hikers/pedestrians/runners when encountering horses on the trail:

- Hikers and trail runners should always stop and step to the side of the trail when they meet horses on the trail.
- Step to the down-hill side of the trail.
- Speak to the rider and horse in a friendly, relaxed tone.
- Keep pets under control.

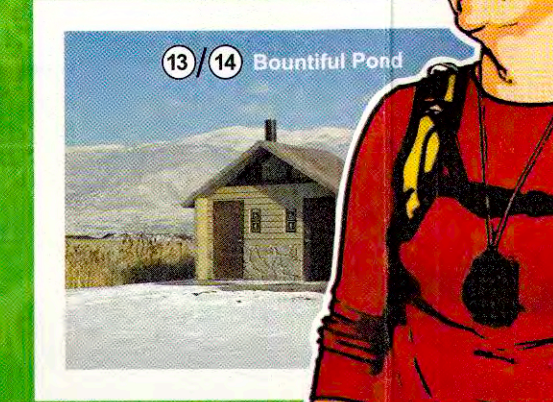
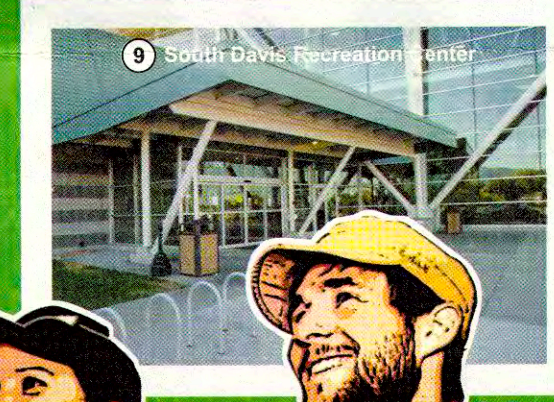
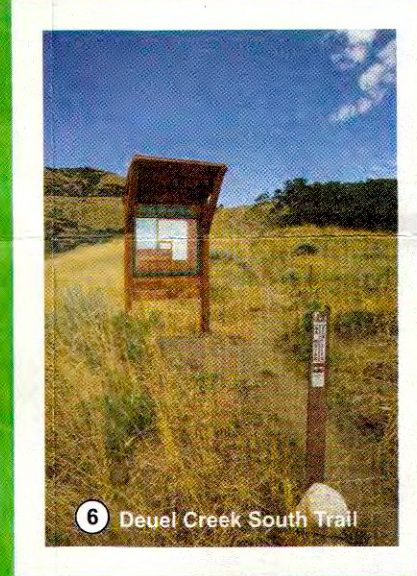
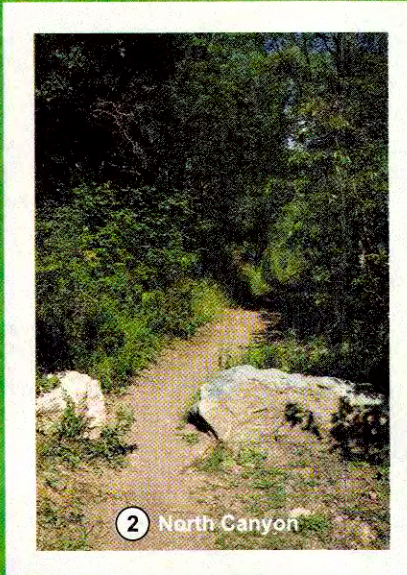
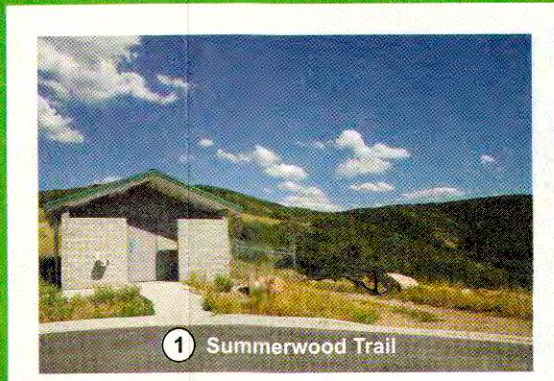
Source: www.treadlightly.org

Exploring Bountiful Trails



Bountiful Trail Heads*

*Numbers correspond to trail head locations on opposite page



Trail Head Photography: Wayne Gillman

UTA Bus Information

The Utah Transit Authority operates several bus routes in South Davis County. A few of these routes are labeled on the map.

Visit www.rideuta.com for the latest route maps and schedules.

Website Links

Links of special interest to Bountiful residents:

Area Communities

- www.bountifulutah.gov/
- www.centervilleut.net/
- www.nslcity.org/
- www.woodcross.com/
- www.westbountiful.utah.gov/

Area Resources:

- www.legacypreserve.utah.gov
- www.fs.usda.gov/uwcnf

This map is a work in progress. If you would like to help us make this map better, please call the Bountiful City Planning Department, at:

(801) 298-6190 or email planninginfo@bountifulutah.gov. Please feel free to submit trail photos, trail info, GPS data of the trail, etc.

Bountiful City thanks Walmart for sponsoring the creation and printing of this map.

...and Discovering Bountiful City

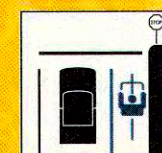
Bountiful City Legend

- Bike Lane
- Commercial Areas
- UTA Bus Stop
- Sponsor Bike Stop
- UTA Bus Route
- Sponsor Retail Store

Bicycle Safety



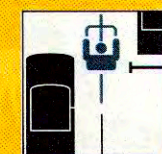
Ride with Proper Equipment: Helmets are a must! A rack or basket, rain gear, gloves or goggles, fenders (for rainy rides), rear view mirror, tire pump, and a small tool kit can make your ride safer and more pleasant. Wear bright colored clothing during the day and reflective clothing at night. Always use a strong headlight and tail light and good reflectors when riding at night, as required by law.



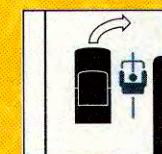
Obey All Regulatory Signs and Traffic Signals: Bicycles are considered vehicles by law and must be driven like other vehicles if they are to be taken seriously by motorists.



Go Slow on Sidewalks: Pedestrians on foot have the right-of-way on sidewalks and other walkways. By law bicyclists must give an audible warning before passing pedestrians on foot. Cross driveways and through crosswalks at a walker's pace and look carefully for traffic before proceeding (especially look out for turning traffic at intersections). No bicycling is allowed on the sidewalks.



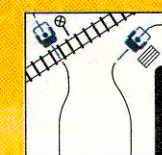
Never Ride Against Traffic: By law, bicyclists are required to ride in the same direction as automobile traffic.



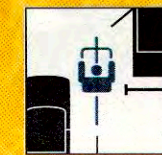
Watch for Turning Vehicles and Vehicles Exiting Driveways: Accidents caused by vehicles turning in front of, or into bicyclists, are probably the most common type of auto vs. bicycle accident. Make eye contact with turning drivers. Assume they do not see you until you are sure they do.



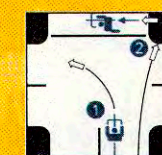
Use Hand & Arm Signals: When preparing to turn, point your hand and arm in the direction of your turn. Signal as a courtesy and for safety as required by law.



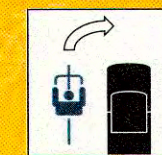
Avoid Road Hazards: Watch for storm drain grates, slippery manhole covers, oily pavement, ice, gravel and parked vehicle drivers opening their doors in your path. Cross railroad tracks at right angles.



Ride in a Straight Line: Whenever possible, ride in a predictable straight line, to the right of traffic, and about a car door width away from parked cars.



Choose the Best Way to Turn Left: For bicyclists, there are two ways to make a left turn: 1) Look back, signal, move into the left lane, and turn left. 2) Ride straight to the far-side lane of opposing traffic, wait and then proceed with traffic after the traffic signal changes.



Do not pass on the right: Except when bicyclists are riding on a bicycle lane, motorists do not expect bicyclists to pass on the right. Passing on the right creates a dangerous situation when a motorist decides to turn right.



Always Lock Your Bike: Purchase the best locking system you can afford. Lock the frame and rear wheel to a fixed object. If your wheels have a quick release system, lock the front wheel also.

Graphics courtesy of the City of Portland Bicycle Program